



**Dr Cindy Ashkins, LCSW
COVID Protocol updated 3/25/2022**

Thank you for your continued patience as we continue to provide you with our best practices and at the same time keep you and others as healthy and safe as possible. Dr. Cindy offers four possible options for the session format:

- 1. Zoom or another HIPAA-safe platform.**
- 2. Outdoors at an area of your choosing or a walking session for individuals. *Sessions May 20-22, 2022 are offered at Destin/30A beach.**

And for those who have been fully vaccinated and boosted:

- 3. The New Orleans / Metairie sessions are offered in-person at 121 Metairie Lawn Drive, Metairie, LA. 70001**
- 4. Concierge sessions are provided, in both New Orleans and Tampa, in the comfort of your home or a pre-arranged conference room with a pre-paid 2-hr minimum and travel charges.**

Due to Dr Ashkins compromised immune system, you are requested to wear a mask only upon entering a session, exiting a session and for close proximity. Also, please check all of the statements below that apply, regarding your vaccination status:

_____ I have had COVID in the past 30 days.

_____ I have been fully vaccinated for COVID with 2 shots.

_____ I have had 2 shots plus a booster shot.

_____ I have had 1 COVID vaccine or have chosen not to be boosted.

(please explain)_____.

I hereby take full responsibility for my health and hold Dr. Ashkins harmless for any consequences which should result from my visit, should I choose to have a face-to face session.

Printed Name _____

Signed _____ Date _____